

FREDIS

SPORTS BAR & FOOD



BREAKFAST

TILL 2 PM
ATÉ ÀS 14H



ENGLISH . INGLÊS

Sausage, egg, bacon, tomato, toast, beans
Salsicha, ovo, bacon, tomate, torrada, feijão

5.9

IRISH . IRLANDÊS

Sausage, egg, bacon, tomato, toast, black pudding, hash brown, beans
Salsicha, ovo, bacon, tomate, morcela, panado de batata, torrada, feijão

7.9

MEGA FOR THE CHAMPIONS

2 sausages, 2 eggs, 2 bacon, 2 toast, black pudding, hash brown, tomato, beans
2 salsichas, 2 ovos, 2 bacon, 2 torrada, morcela, panado de batata, tomate, feijão

10.5



ADD
FRESH
ORANGE
JUICE
4.5

GO BIG OR GO HOME

EXTRA 1,5

hash brown, black pudding, mushrooms, jam, butter, 1 slice toast
hash brown, morcela, cogumelos, compota, manteiga, 1 fatia torrada

CHIPS

PLAIN . BATATA FRITA

3,5

CHEESE . QUEIJO

4,5

CHEESE & BACON

QUEIJO E BACON

5,5



SNACKS

GARLIC BREAD W/ CHEESE

PÃO DE ALHO C/ QUEIJO

4,9

ONION RINGS W/ GARLIC MAYO

AROS DE CEBOLA C/ MAIONESE DE ALHO

5,9

NACHOS with mexican salsa, cheese & jalapeños

7,5

CHICKEN TENDERS W/ GARLIC MAYO

PANADO DE FRANGO C/ MAIONESE DE ALHO

7,5

MOZZARELLA STICKS W/ GARLIC MAYO

PALITOS DE MOZZARELLA C/ MAIONESE DE ALHO

7,5

CHICKEN WINGS W/ BBQ SAUCE

ASAS DE FRANGO C/ MOLHO BBQ

7,9

CHEESE AND HAM TOAST

TOSTA MISTA

6,5

GRILLED CHICKEN BAGUETTE W/ CHEESE & BACON

BAGUETE DE FRANGO GRELHADO C/ QUEIJO E BACON

7,9

DONER KEBAB

CHICKEN . FRANGO

7

BEEF . VACA

7

MIX

7,5

DONER BOX

8,5



HOMEMADE PIZZA

tomato sauce base,
cheese and oregano



Extra ingredient 1.5

MARGARITA

Cheese

12

FREDIS SPECIAL

Bacon, mushrooms, cheese stuffed crust

15

PEPPERONI

Pepperoni

15

ALBUFEIRA

Chorizo, onion, bacon, peppers

14

MEAT FEAST

Minced meat, chicken, bacon, pepperoni

16

HAWAII

Ham, mushrooms, pineapple

13,5

AMERICANA

Chicken, onion, bbq sauce

15

VEGGIE

Mushrooms, onion, peppers, olives

14

MAIN COURSE

GRILLED BEEF STEAK

BIFE DE VACA GRELHADO

GO ON. ADD THE SAUCE

18

GRILLED CHICKEN BREAST

PEITO DE FRANGO GRELHADO

GO ON. ADD THE SAUCE

14

PORK RIBS W/ BBQ SAUCE

ENTRECOSTO C/ MOLHO BBQ

15

FISH & CHIPS

FILETES DE PEIXE c/ BATATA FRITA

12

SAUCES . MOLHOS 2.5

MUSHROOMS COGUMELOS

PEPPER PIMENTA

SWEET CHILLI

BBQ

GARLIC MAYO



PASTAS

CARBONARA SPAGHETTI

ESPARGUETE CARBONARA

14

BOLOGNESE SPAGHETTI

ESPARGUETE BOLONHESA

13



ADD
GARLIC
BREAD
PÃO ALHO
3.5

CLASSIC BURGERS

All burgers are served with
lettuce, tomato, fried onion



ADD CHIPS TO YOUR BURGER

CHEESE

Beef burger, cheese

7,5

BACON & CHEESE

Beef burger, bacon, cheese

7,9

FREDIS SPECIAL

2x beef burger, bacon, cheese, egg

10,5

CHICKEN BBQ

Chicken burger, bbq sauce

7,9

VEGETARIAN

Veggie burger

7,9

SMASH BURGER

BY MALY

ORIGINAL

BRIOCHE BUN, 2X SMASH BEEF PATTIES,
CHEDDAR, PICKLES, SMASH SAUCE

PÃO BRIOCHE, 2X SMASH HAMBURGUER VACA,
CHEDDAR, PICKLES, MOLHO SMASH

BURGER

11,5

COMBO*

15

BACON

BRIOCHE BUN, 2X SMASH BEEF PATTIES, CHEDDAR,
BACON, PICKLES, BACON JAM

PÃO BRIOCHE, 2X SMASH HAMBURGUER VACA, CHEDDAR,
BACON, PICKLES, COMPOTA DE BACON

12

15,5

MALY'S

BRIOCHE BUN, 2X SMASH BEEF PATTIES, CHEDDAR, PICKLES,
PULLED PORK, BBQ, CARAMELIZED ONIONS, SMASH SAUCE

PÃO BRIOCHE, 2X SMASH HAMBURGUER VACA, CHEDDAR, PICKLES,
PORCO DESFIADO C/ BBQ, CEBOLA CARAMELIZADA, MOLHO SMASH

13

16,5

COMBO: burger + chips + dip + drink | Extra patty
Hamburguer de vaca

3



TOWERS

COCKTAIL 40

SEX ON THE BEACH, BLUE LAGOON, TEQUILA SUNRISE



35

BEER



35



25

3LT



DRAFT



SAGRES
COORS
GUINNESS
KOPPARBERG
STRONGBOW



SMALL	LARGE
2,5	3,5
3,5	6
3,5	6,5
3,5	6
3	6

BOTTLES

SUPER BOCK	4
HEINEKEN	5
CORONA	5
DESPERADOS	5
SOMERSBY	5
MAGNERS 567ML	6
HEINEKEN 0.0	4



BUCKET



PAY 5
GET 6

RED BULL
SMIRNOFF ICE
BACARDI BREEZER
WKD



5
6
6
6

WINES

GLASS BOTTLE

WHITE BRANCO	4	17
RED TINTO	4	17
ROSE ROSÉ	4	17
PROSECCO	6	22

SPIRITS

FROM/ DESDE

NACIONAL	6
IMPORTED	7

SOFT DRINKS

WATER . ÁGUA 33CL	2
SPARKLING WATER . ÁGUA COM GÁS	2,8
TONIC WATER . ÁGUA TÓNICA	3
GINGER ALE	3
GINGERBEER	3
COLA, FANTA, SPRITE 50CL	4,5
CAN . LATA	3,5
FRESH ORANGE JUICE 40CL	4,5
SUMO DE LARANJA NATURAL	

COFFEE ZONE

ESPRESSO . CAFÉ	1,5	HOT CHOCOLATE	4
COFFEE W/ MILK	2,8	CAPPUCCINO	3,5
BLACK COFFEE	2,8	BAILEYS COFFEE	7
LATTE . GALÃO	3	IRISH COFFEE	7
TEA . CHÁ	2,8	EXTRA MILK	1



EXPLORE OUR VENUES AND UNLOCK EXCLUSIVE PROMOTIONS, DISCOUNTS AND SPECIAL OFFERS.



COCKTAILS



FREDIS SPECIAL

7,5

VODKA, PASSION FRUIT PURÉE, LIME JUICE, VANILLA SYRUP, PINEAPPLE JUICE
VODKA, PURÉ DE MARACUJÁ, SUMO DE LIMA, XAROPE DE BAUNILHA, SUMO DE ANANÁS



TEQUILA SUNRISE

7

TEQUILA, ORANGE JUICE, GRENADINE
TEQUILA, SUMO DE LARANJA, GROSELHA



SEX ON THE BEACH

7

VODKA, PEACH SCHNAPPS, ORANGE, GRENADINE
VODKA, PEACH SCHNAPPS, LARANJA, GROSELHA



WOO WOO

7

VODKA, PEACH SCHNAPPS, CRANBERRY JUICE, LIME
VODKA, LICOR DE PÊSSEGO, SUMO DE ARANDO, LIMA



BLUE LAGOON

7

VODKA, BLUE CURAÇAO, SPRITE
VODKA, BLUE CURAÇAO, SPRITE



PINA COLADA

8

RUM, COCONUT, PINEAPPLE
RUM, COCO, ANANÁS



APEROL SPRITZ

8

APEROL, PROSECCO, SODA
APEROL, PROSECCO, SODA



WATERMELON SOUR

8

VODKA, WATERMELON LIQUEUR, SOUR MIX, EGG WHITE
VODKA, LICOR DE MELANCIA, SOUR MIX, CLARA DE OVO



MANGO DARK'N STORMY

8

RUM, MANGO PURÉE, LIME, GINGERBEER
RUM, PURÉ DE MANGA, LIMA, GINGERBEER



CAIPRINHA

8

CACHAÇA, FRESH LIME, SUGAR
CACHAÇA, LIMA FRESCA, AÇÚCAR



FROZEN STRAWBERRY DAIQUIRI

8,5

RUM, FRESH LIME, TRIPLE SEC
RUM, LIMA FRESCA, TRIPLE SEC



MOJITO

9

RUM, FRESH LIME, MINT, SUGAR, SODA
RUM, FRESH LIME, HORTELÃ, AÇÚCAR, SODA



EXPRESSO MARTINI

9

VODKA, COFFEE LIQUEUR, VANILLA, EXPRESSO
VODKA, LICOR DE CAFÉ, BAUNILHA, EXPRESSO



PORNSTAR MARTINI

9

VODKA, PASSION FRUIT PURÉE, PASSOA, VANILLA, LIME, PROSECCO
VODKA, PURÉ DE MARACUJÁ, PASSOA, BAUNILHA, LIMA, PROSECCO



LONG ISLAND ICED TEA

9

GIN, VODKA, RUM, TEQUILA, TRIPLE SEC, LIME, COCA-COLA
GIN, VODKA, RUM, TEQUILA, TRIPLE SEC, LIMA, COCA-COLA



BLACK MAMBA

9

BLACK VODKA, COCONUT, STRAWBERRY PURÉE, LIME, APPLE JUICE
VODKA PRETA, COCO, PURÉ DE MORANGO, LIMA FRESCA, SUMO DE MAÇÃ



GLASS OF SANGRIA

9

BRANDY, BEIRÃO, TRIPLE SEC, WINE, SPRITE
BRANDY, BEIRÃO, TRIPLE SEC, WINE, SPRITE

MOCKTAILS

RONALDO . CR7

7

STRAWBERRY PURÉE, COCONUT, PINEAPPLE JUICE, LIME JUICE
PURÉ DE MORANGO, COCO, S. DE ANANÁS E LIMA

ROONEY

7

MILK, VANILLA ICE CREAM, OREO
LEITE, GELADO DE BAUNILHA, OREO

