

HOMEMADE PIZZAS

base of tomato sauce,
mozzarella cheese & oregano
*Base molho de tomate,
queijo mozzarella e oregão*



MARGARITA cheese queijo	11.5	PEPPERONI pepperoni 	13.5	AMERICANA chicken, onion, bbq sauce frango, cebola, molho bbq	14.5
HAM ham fiambre	12.5	KEBAB kebab, garlic sauce kebab, molho de alho	13.5	NEW TOWN chorizo, corn, onion, fresh tomato chouriço, milho, cebola, tomate	14.5
HAWAII ham, mushrooms, pineapple fiambre, cogumelos, ananás	12.9	TUNIA tuna, onion, olives atum, cebola, azeitona	13.9	MEXICAN minced meat, jalapeños, nachos carne picada, jalapeños, nachos	14.5
VEGETARIAN mushrooms, onion, peppers, olives cogumelos, cebola, pimentos, azeitonas	12.9	ALBUFEIRA chorizo, onion, bacon, pimentos chouriço, cebola bacon, azeitonas	13.9	MEAT FEAST minced meat, chicken, bacon, pepperoni carne picada, frango, bacon, pepperoni 	14.5

Make your own pizza . Faz a tua própria pizza

Ingredients *Ingredientes:*

ham, bacon, kebab, chicken, pepperoni, minced meat, tuna, onion, peppers, olives, jalapeños, pineapple, mushrooms
fiambre, bacon, kebab, frango, pepperoni, carne picada, atum, cebola, pimentos, azeitonas, jalapeños, ananás, cogumelos

EXTRA: EACH/ CADA 1,5

**we have
Take
away
Till Late**



follow us at
fredis.albufeira



Avenida Sá Carneiro 55 23, 8200-290 Albufeira

THE PLACE TO BE



FREDIS MENU

IVA INCLUIDO . VAT INCLUDED

NESTE ESTABELECIMENTO LIVRO DE RECLAMAÇÕES . WE HAVE COMPLAINTS BOOK

Nenhum prato, alimento ou bebida, incluindo o couvert, pode ser cobrado se não for solicitado pelo cliente ou por este inutilizado. Se é alérgico a algum ingrediente alimentar, por favor, informe-se junto do funcionário sobre o que pretende consumir.
No dish, food or drink, including the couvert, can be charged for if it has not been requested by the customer or if it has not been used by the customer. If you are allergic to any food ingredient, please ask the staff what you want to eat.

BEM-VINDO WELCOME

**EVERYTHING
YOU NEED
IS ALREADY
INSIDE**



Inside fredis sports bar & food could only be dedicated to sporting activities. Fredis goes beyond football and opens up the range of other sports, making it the place of choice for watching international competitions, as well as portuguese ones, of course. To help with the festivities, there is a menu of food and drinks that can replenish your energy on winning days or console you in the event of a defeat.

**WATCH WITH US
ALL LIVE SPORTS
12 SCREENS
MULTI GAMES ON DEMAND**

**10€ SPECIAL
PIZZA + DRINK
15H ÀS 18H . 3 PM TILL 6 PM**

**LARGE BEER
CANECA ALL DAY 3€**

**FROM 4.90€
BREAKFAST
ENGLISH & IRISH
OPEN EVERYDAY 9 AM**

S/O Grupo SimolPro

FREDIS
Restaurant & Bar

BEER CORNER
PUB

TEXAS
Grill & Bar

ZU
CLUB

Eddys
BAR & RESTAURANT

CASA
NOSTRA
RESTAURANTE & BAR
ALBUFEIRA

il Gelato
DI LUCCA

DORIS
Grill & Bar

BREAKFAST

*Till 2 pm
Até às 14 horas*

**ENGLISH**
1 sausage, 1 egg, 1 bacon, 1 tomato, 1 toast, beans
1 salsicha, 1 ovo, 1 bacon, 1 tomate, 1 torrada, feijão

**IRISH**
1 sausage, 1 egg, 1 bacon, 1 tomato, 1 toast, 1 black pudding, 1 hash brown, beans
1 salsicha, 1 ovo, 1 bacon, 1 tomate, 1 morcela, 1 hash brown, 1 torrada, feijão

MEGA FOR CHAMPIONS
2 sausages, 2 eggs, 2 bacons, 2 tomato, 2 black pudding, 2 hash brown, 2 toast, beans
2 salsichas, 2 ovos, 1 bacons, 2 tomates, 2 morcelas, 2 hash brown, 2 torrada, feijão



extra:	Each ingredient 1€	Cada ingrediente 1€	
	hash brown, black pudding, mushrooms, jam, butter	Toast	1.90€
	hash brown, morcela, cogumelos, compota, manteiga	Torrada	1.90€

TOSTAS TOASTIES

Mista Cheese & Ham	6
Queijo e Bacon	6,5
Cheese & Bacon	

BAGUETTES

Atum c/ Maionese e salada	7
Tuna w/ Mayo & salad	
Frango grelhado c/ Queijo e Bacon	7,5
maionese de alho e tomate	
Grilled Chicken w/ Cheese & Bacon	
garlic mayo and tomato	

WRAPS com Salada with Salad

Frango grelhado c/ Bacon	7,5
Grilled Chicken w/ Bacon	
Mexicano	7,5
Carne picada, jalapeños, queijo	
Minced meat, jalapeños, cheese	

APPETIZERS TAPAS



BEST SELLER

Chicken wings w/ BBQ sauce
Asas de frango c/ molho BBQ

Garlic Bread Pão de alho	3.5
Garlic Bread w/ cheese	4.5
Pão de alho c/ queijo	
Garlic Bread w/ cheese & bacon	5.9
Pão de alho c/ queijo e bacon	
Classic Nachos w/ 3 dip	6.9
Nachos clássicos c/ 3 molhos	
Onion rings Aros de cebola	6.9
Mozzarella sticks	6.9
Palitos de queijo Mozzarella	
Calamaris Calamares	6.9
Chicken wings w/ BBQ sauce	7.5
Asas de frango c/ molho BBQ	

MAIN COURSE

All dishes are served with fries and salad
todos os nossos pratos são servidos com batata e salada



GRAIN FED
ANGUS BEEF
120 DAYS

Grilled beef steak	15.5	Chicken fajitas	10.5
Bife de vaca grelhado		Fajita de frango	
Grilled chicken steak	11.9	Ham & cheese omelet	10.9
Bife de frango grelhado		Omelete mista	
Chicken steak w/ cheese & bacon	11.5	Beef & onion pie	10.9
Bife de frango c/ queijo, bacon		Empada de carne e cebola	
Spare Ribs w/ BBQ	14.9	Fish & Chips	10.9
Entrecosto c/ BBQ		Filete de peixe panado	

SAUCES MOLHOS	Mushrooms, pepper, garlic mayo, bbq, gravy, curry	each / cada	EXTRA RICE . ARROZ	2
	Cogumelos, pimenta, maionese de alho, bbq, gravy, caril	2.5		

KEBAB



KEBAB DURUM

BEEF VACA	6	6
CHICKEN FRANGO	6	6
MIX	7	7



DÖNER BOX 8€

HOMEMADE BURGERS



100% FRESH
ANGUS BEEF
100% FRESH

CHEESEBURGER <i>Beef burger, cheese, lettuce, tomato, onion</i> <i>Hamburguer de vaca, queijo, alface, tomate, cebola</i>	6.5	CHICKEN BBQ <i>Grilled chicken breast, lettuce, tomato, onion</i> <i>Peito de frango grelhado, alface, tomate, cebola</i>	6.9
CHEESE & BACON <i>Beef burger, cheese, bacon, lettuce, tomato, onion</i> <i>Hamburguer de vaca, queijo, bacon, alface, tomate, cebola</i>	6.9	FREDIS SPECIAL <i>2 Beef burger, cheese, bacon, egg, lettuce, tomato, onion</i> <i>2 Hamburguer de vaca, queijo, bacon, ovo, alface, tomate, cebola</i>	8.9

SALADS

Tuna Atum	9.5
Cesar César	10.5

PASTAS

the real Italian flavour



Lasagne Lasanha	11.5	Spaghetti Bolognese Esparguete Bolonhesa	11.5
Spaghetti Carbonara Esparguete Carbonara	12.9	Vegetarian Spaghetti Esparguete Vegetariano	10.5

KIDS MENU

Until 12 years old

Bolognese	7.5
Pizza Margarita	7.5
Chicken Nuggets + Chips	7.5

DESSERTS SOBREMESAS

Apple pie	6
Petit gateau	6

CHIPS

Plain Batata frita	3.5
Cheese Queijo	4.5
Cheese & Bacon Queijo e bacon	4.9
Curry or Gravy	4.5

